

## **How the Law of Attraction Manifests Your Desires**

I received several questions about the relationship between the Subconscious, Conscious and Universal Minds in the wider context of The Law of Attraction.

In addition, it has become apparent to me that although increasingly more people are becoming aware of The Law of Attraction, especially since the release of "The Secret", few people really understand how our thoughts are translated into experience.

The Secret for example focuses to a large extent on "Energy" and how the power of thought influences Energy on the one hand, and attracts our desires to us on the other - both very important of course, but at the same quite vague and perhaps unintentionally misleading.

However, this leads many people to believe that their thoughts are actually "creating their desires" directly out of the fabric of Energy, and which are subsequently are "delivered" directly from the Universe, bringing to mind all sorts of images such as a new car or home or cases of dollar bills simply falling from the sky, which of course is not how things do or can normally happen.

This week therefore we will take a much closer look at how The Law of Attraction actually manifests our thoughts in real terms.

As we discussed last week, collectively all manifestations of Mind fundamentally consists of three distinct spheres of activity - Universal, Subconscious and Conscious. These are not in any way "separate" Minds, but rather different spheres of activity within each other, all ultimately being spheres of activity within the sphere of the One Universal Mind in which we live and move and have our Being.

Energy and vibration are both extremely important aspects of the Universe and therefore of Mind, but what exactly is "Energy"?

Energy, in its purest form is the "fabric" of the Universe within which thought, itself Energy, propagates. Energy itself can take form under the influence of the Mind, everything in creation being the result of the creative thought of and through the Universal Mind. This can also be explained in terms of quantum physics, which is discussed in considerable depth within my book, Our Ultimate Reality.

When we focus our thoughts, they take shape in accordance with the nature of that thought resulting in a "Thought Form". Everything we experience begins as a Thought Form. Within the inner spheres of life and reality, for example the

Astral worlds, thoughts instantly take shape to become an experientiable Thought Form which can then be observed and experienced in that unique form. The entire realm of the Astral worlds where people transition to after the change known as "death" in fact has been created by the minds of humans based upon their perception of "reality", in turn based upon experiences within the physical world of matter, believing the world of form to be reality. Of course we know that both the physical and Astral worlds are an illusion perpetuated on a large scale through the mediation of the senses, but are ephemeral in nature. When humans and life generally evolves beyond the need to interact with "form", these creations will simply dissipate back into the Universe as native Energy.

Now it should be obvious to most people that creation in the physical world, or more specifically the mode by which our desires arrive is not the same as in the Astral or inner worlds. In other words we do not simply visualize something which then subsequently materializes before our very eyes.

The reason for this is that in the physical world we are bound by additional factors, notably "space" and "time". Also, the physical Universe exists at a much lower vibration, and correspondingly much higher density than the inner worlds of life and reality.

So how then does the Law of Attraction exert its influence in our lives?

First let us review the Mind structure of the Universe - we have:

The Universal Conscious, Objective Mind  
The Universal Subconscious, Subjective Mind  
The Individual Subconscious, Subjective Mind  
The Individual Conscious, Objective Mind

The Universal conscious Mind is the infinite intelligence that directs and sustains all creation and life within the Universal Subjective Mind, which may be thought of as the Mind of God in which we "live and move and have our Being" - the macrocosm.

The individual conscious Mind is the intelligence that directs all creation within our own sphere of activity, our own individual experiential reality - the macrocosm.

Only in the physical world, the experiences of which are controlled by the conscious mind, and through the mediation of the five physical senses, is everyone and everything perceived as being separate from everything and everyone else, which, as we know, is really an illusion, although to most people a very persistent one.

Within the sphere of the Subconscious Mind there is no separation. The Subconscious Minds of humans and of all life are One, all co-existing as integral, inseparable but unique distinct entities within the realm of the Universal Subjective Mind, where the delivery of our wishes, needs and desires are orchestrated.

Before moving on to the processes involved, we should note that in the context of the physical world, those things of God, The Source, The First Cause, are delivered by God, in other words the natural world of mountains, rivers, plains and everything else in creation on Earth and everywhere else in the Universe, and those things of humans, for example homes and cars and all other fabricated material things, are made and delivered by humans. It is these latter point that is crucial to our understanding of the processes involved in manifestation of our desires into our physical world experience.

Whenever we think about something, that thought is impressed upon our Subconscious Mind which in turn accepts that thought and acts upon it immediately. Usually the thought is transient, and therefore the impression on the Subconscious Mind is very limited, before the thought dissipates completely into native Energy.

When however we focus on something, and add power to that focus by use of the emotions and the imagination, especially over a period of time, the Subconscious Mind is "impressed" much more strongly, and this is when something can really begin to manifest. As we know, many people react directly to what they perceive through the five physical senses, such as extreme negativity of the media, criticism from others, surroundings or "lifestyle" that they do not want, or perceived adverse situations such as debt, and then strongly impress these on the Subconscious Mind over a period of time, thereby attracting more of the same unwanted situations.

If the only the same strength of Energy was focused in to those things people do want in their lives such as health, abundance and happiness, then those things would be the result. Many people however erroneously work to the precept "seeing is believing" when in fact the opposite is actually true - Believing is Seeing.

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Let us now then look specifically at how the manifestation process takes place in the context of our existence in the physical world.

When we impress something on the substrate of the Subconscious Mind, one of two things happens.

If the thought is related to our body or health, our Subconscious Mind, which has total dominion over our physical body, will accept that thought and act upon it immediately and directly upon the physical body. This is the basis of all healing without exception, with faith in this process being the power behind it. Our Subconscious Mind created our body according to the genetic blueprint provided, supervises its growth and development, all natural processes and of course healing. The Subconscious Mind, being sublime, can also manifest illness and disease in response to their corresponding thoughts, this being the origin of all disease.

If the thoughts we impress upon the Subconscious Mind are not directly related to our physical body, a Thought Form is created which has its own unique form and vibration, corresponding precisely with the nature of that thought. The more emotional Energy imagination and faith there is behind the impression, the stronger the Thought Form the Subconscious Mind will produce, and the more effective it will become within the sphere of the Universal Mind.

Again - these processes are covered in great depth in my book.

Now the big question, and the one being addressed in this newsletter is what happens once the Thought Form has been created?

As an example, let us assume that we are consciously making use of The Law of Attraction in accordance with methods that are known to be effective, again as described in detail in my book, to find a buyer for your home which you have placed on the market at the highest price.

Typically the first thing you will do is enlist the services of an estate agent, or realtor, depending on where you live, and have them place the house on the market for you in the usual way.

Those not consciously using the Law of Attraction will have a thought in their Mind, or rather a hope, that someone will come along and make them an offer. This level of thought produces a weak impression on the Subconscious Mind of that person, resulting in a correspondingly weak Thought Form with a correspondingly weak vibration associated with it.

In that area will be hundreds of people seeking a new home. Some of those might be imagining their new home in a very vague way, more out of hope than a definite knowing, and accordingly the weak impression on the Subconscious Mind of that person will produce only a weak vibration.

However, there might be a person looking for a new home who, understanding the Law of Attraction, has a definite idea of the home they know they will find, are consciously making use of The Law of Attraction, and have complete faith in the outcome of finding and buying their ideal home.

Due to the weak vibrations of the seller, it is unlikely that the vibrations of their Thought Form will be powerful enough to attract potential buyers with an equally weak buying thought form, and probably will not attract many potential buyers if any at all.

However, the strong vibrations of the buyer, may be strong enough to reach out and be attracted to the weak vibrations of the seller, and they will soon be in communication with the seller with view to entering in to negotiations, the outcome of which favors the buyer, because the seller has no other interested parties.

Had seller projected a Thought Form with a strong, "sold my home" vibration, backed with a certainty of knowing, beyond all doubt and an unwaivering faith, then he would have attracted many weak vibration buyers and had the upper hand in the negotiations.

If both buyer and seller projected strong Thought Form vibrations, then they would both attract a wide variety of choice of homes and buyers respectively from which to choose, thereby ensuring the best possible deal.

All of this activity has taken place in the sphere of the Universal Mind, which is also the sphere of the collective Subconscious Minds, by means of Thought Forms produced by the Subconscious Minds of the participants, with each participant as the focal point of attraction, the outcome of which favoring those whose Thought Forms exhibited the most powerful vibrations.

Similarly for attracting wealth through a successful business. A business owner with a strong success and wealth Thought Form will attract a wide range of buyers who are both strongly and weakly seeking to purchase the goods and services of the type on offer. The vibrations of the Thought Form were powerful enough to reach even the weak Thought Forms of buyers who were only vaguely interested, thereby pulling them in to the sphere of the seller by The Law of Attraction. Without the powerful Thought Form vibrating success of the business owner, the potential buyers with the weaker Thought Forms in harmony with those particular goods or services would not be attracted, and their weak Thought Forms would continue to drift around in the Universal Mind seeking the Minds of sellers with Thought Forms of sufficient strength to attract and "pull them in".

As a person succeeds in business, their confidence and faith in this process grows, their Thought Forms become more powerful, thereby attracting increasingly more customers, overcoming increasingly more weak "buy" Thought Forms of potential customers.

This is why successful business often go from "strength to strength" and those with owners who have no faith in their own success do not survive very long, even selling the same goods in the same street as the successful business owner.

This is also why successful business people seem to create even more businesses that in turn become instantly, if not even more successful whether they consciously use The Law of Attraction or not. Such business people have an unshakable confidence, knowing and faith that whatever they turn their Mind to will instantly succeed. The powerful Thought Form and its success vibration operating in the sphere of the collective Subconscious Mind therefore ensures success with immutable certainty and in accordance with immutable Universal principles.

Had the seller had no confidence in the success of his business, and merely hoped customers would turn up to buy something, then the vibrations of the resultant Thought Form of this person would only attract buyers with a very powerful Thought Form for buying those particular goods or services from that particular seller.

Attracting wealth from scratch requires an additional factor - inspired action. If you have no existing channels through which abundance can manifest in your experiential reality, then it is necessary to create one. As mentioned before - contrary to popular belief, money, homes, cars etc. do not simply configure itself out of Energy and fall out of the sky for you to enjoy, contrary to the impression, unwittingly given by some Law of Attraction teachers.

The channel of manifestation is still however very much in the realm of the Subconscious Mind, and its intimate connection with the Universal Subjective Mind, the same sphere of activity all individual Subconscious, Subjective Minds, within the Universal Subjective Mind, under the ultimate control of the infinite intelligence of the Universal Objective Mind, which will always orchestrate the manifestation through Subconscious Minds in accordance with The Law of Attraction.

So if you make use of The Law of Attraction to attract anything, and you have no existing channels through which it can manifest one or more will first need to be created. The Subconscious Mind will create the Thought Form which the

Universal Subjective Mind then instantly reacts to and set about delivering with immutable certainty, first orchestrating channels of physical manifestation through the sphere of the collective Subconscious, Subjective Mind, and subsequently delivery of your wishes people, under the control of their own Subconscious Minds through the channels thus created.

The factor to stress here though is this: assuming you have created a powerful enough Thought Form, it is still necessary to remain completely open to inspiration and prompts from within, and to take appropriate actions on them. If you do not, you will make it much more difficult to receive the object of your desires any time soon. Be assured though that providing you do remain open to inspiration from within and take immediate and decisive action without prevarication, everything will happen very quickly - the Universe loves speed. I should also mention that the channels of manifestation that the Universal Mind inspires, are always, always within the realm of our capabilities and is therefore always achievable, every time, without exception.

This does not mean you will not receive your desires if you fail to take action. All requests are immediately received, answered and delivered - "Ask and it is given", every time by Divine Providence.

All of these processes take place in perfect harmony. This is guaranteed by Thought Forms which can only attract other Thought Forms and inspire action through the Subconscious Mind and thereby the conscious Mind of the projectors in harmony with those Thought Forms by The Law of Attraction, all other Thought Forms being as incompatible as different blood groups in the human body.

I would like to finish by quickly clarifying a question that is broadly related, and that is the mechanism of Astral Projection.

Astral projection is a projection in to our own Subconscious Mind and therefore in to the realms of the collective Universal Mind. By projecting in to our own Subconscious Mind we share the experience of all other Subconscious Minds of similar vibration, thereby experiencing similar experiences within that particularly vibratory realm of the Universal Mind that we know as the "Astral Planes". The same principle applies to all planes of life and reality.

There is no external projection "to" the Astral planes or "away" from our own body. Our physical experience is the outermost manifestation of Mind, and therefore the only way to travel from that standpoint is inwards, further in to the depths of our own infinite Mind, the realms of all Mind where the illusion of separation ceases to exert its influence, and where therefore the collective

realm of Mind at any unique vibratory level of Energy within the Universal Mind, can be experiences in its native form.

As we progress on the path back to our creator from Whence we came in the beginning, we are in fact traveling along a continuum of consciousness within the realms of Universal Mind and collective Subconscious Mind, the progress of which is proportional to the vibration of our inner Being, in which in turn is identical to our state of Spiritual evolution or consciousness.

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