

Law of Attraction and Manifestation

Always keep in mind though that success is all about:

1. "Knowing", beyond doubt, that you already have and are enjoying the object of your desires.
2. "Feeling" the emotions associated with it.
3. "Gratitude" for enjoying the object of your desire.

It is crucial to have faith in The Law of Attraction.

The Law of Attraction fundamentals

For our main subject this week we will take a close look at some of the main fundamentals for ongoing success with the law of Attraction.

Increasingly more people all over the world are becoming aware of The Law of Attraction, many of whom are making an effort to use the many methods being taught to change their life for the better.

However, unfortunately I hear of many people complaining that they have "tried it" and it "just doesn't seem to work" for them.

Whenever people write to me with these experiences I always take the time to ask what exactly how they have used the Law of Attraction in their life.

Almost always the response is the very similar. Having made the decision to use the Law of Attraction to attract something, they have taken the time to relax and follow an "exercise" which often involves visualizing the desired object.

The person will often then start to wonder if or when they will receive the object of their visualization, and a short time after that they start to worry about why it has not yet arrived.

The truth is this; any chance of the desired object manifesting as a result of the visualization exercise will have been greatly diminished or canceled by their subsequent contrary thoughts.

So let us analyze what has apparently "gone wrong" and how it can be corrected.

The Law of Attraction should be a way of living, thinking and in particular feeling, and not something to be treated as a "service" where for example you might log-on to a website, find the product you desire, click the ordering link, click your

shopping cart and then enter your delivery address and credit card number, and later if the goods do not arrive send a stern email to find out why.

So let us take a look at five of the main fundamentals for success with The Law of Attraction.

1. Feelings: Your feelings are your "emotional guidance system", your "feedback mechanism" from the Universe which should be recognized, listened to and followed at all times.

Very often when people hear about The Law of Attraction they perceive it as a means of grabbing as much as possible, regardless of whether they really need it or not. The truth is it is important to be in vibrational harmony with your wishes.

For example; there have been many cases of people winning vast fortunes on the lottery, but within a couple of years end up with less than they had before the lottery win. The reason for this is that they were not in vibrational harmony with the money they won.

The very first thing we need to do therefore is to know whether we really need whatever it is we might think we need. This is one of the first hurdles many people need to overcome; actually knowing, what they wish to attract as opposed to being motivated by the ego, or a negative emotion such as greed, jealousy or "keeping up with the Jones's"

The best way to find out whether you are in vibrational harmony with your wishes is to send out the thought and await the response.

If for example you think you need a new car, visualize the car you would like, wait a few moments, and then ask yourself how you feel. If you feel joyful then you are in harmony with your car, if you feel indifferent or receive no response at all then perhaps the car is not for you after all.

We all have an "emotional guidance system"; if we feel good about something we are in harmony with it, but if we feel bad about something then we are not in harmony with it. We should only seek to attract those things that we are in harmony with.

By paying attention to our feelings, our emotions, and being guided by the inner feedback received, we will always be in harmony with our wishes, our life, and the people around us.

2. Detachment: Many people having performed a law of Attraction exercise soon start thinking about the object of their wishes throughout the day, and worse, later, start to worry if it does not arrive.

In order to attract anything it is important that the Energy you send out is consistent. If for example you wish for a new car, but every time you think about it the color, style, make etc. changes then you are sending out conflicting Energy vibrations causing you to not harmonize with your wishes and create a "solid" thought form.

This is like watching your favorite program on television while someone is constantly pressing the buttons on the remote to switch channels; your vision of the program will be very fragmented. Your thoughts are like the channels of a TV each of which is tuned in to a unique frequency; in order for you see the complete picture the frequency must remain consistent and unambiguous thought.

3. Faith: It is crucial to know, beyond any doubt, that the Universe will deliver, every time, if you will allow it. Any doubt, worry or fears will send a negative vibration which is contrary to your wishes, effectively saying to the Universe, "I do not believe you can deliver this", and that will become the reality.

Faith in the process is fundamental and a part of that faith is understanding. If for example you are manifesting a car parking space in a certain place at a certain time and when you arrive it is ready for you, it does not mean that the Universe physically lifted another car out of the space you wished for in order to make it available for you. In the matrix of the Universe the space was always available. If the space was occupied by another car before you used The Law of Attraction, then the matrix of the Universe rearranges itself in such a way that the other car was never there.

There is no "space" or "time" only Now. Every single thought re-arranges the entire matrix of the Universe so whatever we focus on is always reality in the present moment of now. If you genuinely wish for a new car and are emotionally attached to it, there was never a "time" when you did not have that car, because your thoughts, emotions, imagination etc. are the "real thing", while what you experience on Earth is the physical manifestation of the real thing constructed from atomic particles and ultimately pure Energy.

4. Inspiration: Many people believe that if they use The Law of Attraction to attract for example a new car, the car will suddenly be created out of nothing as in these movies where a "wizard" waves a magic wand, chants a "spell" and something instantly appears in a dramatic flash and puff of smoke.

The truth is the Universe operates through Mind, in this case the minds of men. So in the case of the new car, a series of events will be orchestrated by the Universe that will allow you to have your car. It is not for us to ask or guess

where the car came from, that is the domain of the Universe Who knows the big picture.

An extremely important aspect of this process is inspiration. If you suddenly have an inspired thought or feeling to do something, then it is absolutely crucial that you do it without question. If you question or worse dismiss that inspired thought, you will slow down or shut out completely a channel of manifestation.

As humans on Earth living in a temporal physical shell we call a "body", most people can only see "life" from a very narrow, temporal, physical perspective. The Universe on the other hand can "see" the entire picture in all eternity and always knows the most efficient route to manifest your wishes.

So whenever you receive an inspired thought, feeling or even dream, always act on it immediately and without question, even if it does not seem to make sense at the time.

5. Gratitude: This is extremely important!

Gratitude does not mean for example in a religious sense "giving thanks to God" by means of words and "songs of praise", it means literally feeling intensely grateful.

Let me make it clear that we should not be feel grateful because "God", the Universe has an inflated ego and demands or expects words of "thanks", "praise" or "appreciation" of some kind, these are all human characteristics that religion ascribes to God.

Gratitude puts us in harmony with what we have and what we desire.

Gratitude recognizes the true nature of ourselves and of the Universe and ensure that we never "take things for granted".

Gratitude recognizes the fact that everything we have we have attracted to ourselves from the infinite abundance of the Universe as infinite, unlimited, Divine creators.

Gratitude during conscious creation is a powerful fundamental for success. By feeling intensely grateful for already having and enjoying the object of our wishes, we reinforce the fact that we already own it, are enjoying it, and that we have the God-given power to participate in the ongoing process of creation as a Divine, infinite, immortal Spirit.

So always know there is nothing that you cannot be, do or have, but the Energy of being, doing and having is feelings and emotion, detachment, absolute faith, inspiration and above all gratitude.

Your objective is not to mechanically practice these only when you desire something, but to make it a way of life in which you will effortlessly attract all you could possibly wish for in abundance.

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