

The Physical Universe

As the weeks and months progress, there are racing more and more questions about 2012, and specifically what we can expect, what will become of us and what can we do to prepare?

Many of these questions are motivated by observing changes that are happening right now, and are becoming more and more apparent by the day at all levels. Many people for example have written to me about weather conditions, often very extreme, that they are currently experiencing, conditions that are unprecedented in history.

Others are becoming increasingly aware of changes in consciousness both within themselves and those around them, with people becoming more aware of Spiritual issues, and above all of our connectedness with All that Is.

In terms of the physical changes, weather conditions in particular, we must be aware of the fact that this is nothing to do with so called "greenhouse gases" and other such explanations associated with what is generally known as "climate change".

These changes are occurring throughout the solar system and probably beyond and will continue to do so at an ever increasing rate.

The same applies to consciousness although of course we can only observe this on Earth within ourselves and those around us.

We do not know yet what 2012 will bring, whether it will be physical, affecting Earth and everyone on Earth, a Spiritual event, or simply a continuation of what we are experiencing now, lasting for perhaps tens or hundreds more years.

What we can say for certain is this:

1. 2012 is not a "prophecy" it is a prediction. The Maya for example were cosmologists who created extremely advanced calendars by the scientific observation of the great cycles of the Universe relative to planet Earth.
2. Consciousness and indeed life itself evolves in cycles – there is increasing evidence in the fossil record to support the fact that life evolves in cycles.
3. Whatever happens is therefore all a part of the grand scheme of things and part of the great cycles of the Universe necessary for the evolution of life and consciousness.

Over the coming months and years I will continue to keep you informed about the progression of events, but in terms of actions there is only one form of preparation necessary - inner preparation Spiritually. The coming events are likely to be an opportunity for humanity of the kind that only happens every 25,000 years, but only those who have prepared themselves Spiritually will likely be in a position to take that next major step on the return to our Creator, or, depending on the precise nature of what we are facing, be fully prepared for the next phase of life on Earth.

We must also always keep in Mind one fundamental truth - we all create our own reality with the power of our Minds. Whatever we believe will happen in our thoughts, imagination and emotions will happen, every time. It is therefore very important that we maintain absolute control over our thought processes and expectations, not only because of the approaching end of the age, but also in creating our day to day reality and a life of health, happiness and abundance.

Above all remember that your worst enemy is fear. We must approach the future with joy in our hearts knowing that we are infinite, immortal, inseparable aspects of The Source Who only knows Unconditional Love for all creation.

The Physical Universe

As we are discussing the great cycles of the Universe this week we will take a closer look at the physical Universe of matter in which we live, the outer aspect of the Universe which is still misunderstood by many, including scientists.

When most people think about "the Universe", they often think in terms of the observable Universe of planets, solar systems, galaxies and other celestial bodies as studied by astronomers, astrophysicists, cosmologists and others. This is the Universe that can be perceived by the five physical senses, through optical equipment such as telescopes, and other scientific equipment.

Science even today tends to make the assumption that if something is not measurable by scientific equipment or the five physical senses, it simply does not exist at all, it is "out of sight and out of mind".

In fact, the physical Universe of matter represents only a very small percentage of the entire, greater Universe as a whole. The majority of the Universe exists at levels of Energy and vibration far, far, far beyond the measurement capability of current scientific instruments.

For example, upon passing on from the physical world at the time of the transition erroneously known as "death", a person is in reality transitioning from the high density, low vibration environment of the physical world to a much finer

level of existence at a much higher vibration and lower density than the physical world of matter.

Upon arrival within the Astral worlds subsequent to the transition from the physical world, people find vast, dynamic worlds populated by billions of Souls, worlds which are not only at least as solid and "real" as the physical world, but actually much more so.

Matter, by comparison with Energy that has not differentiated into matter, is very crude due to its much higher density and much lower levels of vibration. Throughout the Universe, everything is relative to Energy and vibration. We perceive, experience and progress relative to the Energy level or "plane" of the Universe of Energy at which we are focused and at which our Astral or Mental Body vibrates.

The physical world seems very solid and real to humans living on Earth due to the fact that our bodies are also comprised of similar high density, low vibration physical matter, comprised of molecules, atoms and sub-atomic particles, bodies of matter equipped with the five physical senses through which the physical world is perceived and experienced.

The level of the Astral worlds to which a person will transition after death will always be at the same level of Energy as that of the Astral body. In fact, as previously mentioned, due to the much finer levels of Energy of the Astral worlds and without the physical, dense characteristics of matter, everything seems so "solid" and so "real" that many people initially do not even realize they have left the physical world of matter. This is particularly true when the transition to the Astral has been particularly sudden. So, everything in the entire Universe is experienced in absolute harmony with the relative level of Energy and vibration at which it exists in accordance with the perfect order of All that Is.

The Universe in its entirety may be considered to be spherical like a planet, with God, The First Cause, The Source at the center, existing at the highest vibration and lowest density, progressing outward though progressively higher density and lower levels of Energy and vibration until finally reaching the physical world of matter forming the "shell" of the Universe.

Using an apple as a metaphor, the core of the apple can be considered to be The Source, and the skin of the apple the physical world of matter. The thickness of the skin of the apple can be likened to be proportional the "thickness" of the physical Universe in comparison to the Universe as a whole.

Another metaphor that may be applied to the Universe is that of a balloon. A balloon consists of a rubber skin filled with air, with the rubber skin representing the physical world of matter.

Scientists have recently noticed that the Universe is still expanding very rapidly, but are at a loss to know why. The reason is fundamental to all life and the existence of the Universe. In the beginning God, The Source, The First Cause sent forth from the Logos powerful thought forms, thus creating the Universe and everything in it as recognize it today. Through these living, Spiritual creations, for example human beings, God, The Source experiences, and thereby expands. This expansion is therefore from within.

As the Universe and everything in creations is in a constant state of experiencing, the Universe is in a constant state of expansion from within, but in an outwards direction. We can simulate this by blowing up the balloon. If we draw circles on the surface of the balloon with a black marker pen, the circles representing galaxies, and then inflate the balloon further, representing the expansion of The Source through experience, we will note that the black circles representing the galaxies will move away from each other, which in fact is precisely what science is observing. So the Universe is expanding from within by experience, thereby causing the outer physical skin of the Universe, to expand.

It should also be mentioned that the so called "big bang" of science did not originate from a point on the physical Universe, it originated at The Source, the core, the very center, at the very highest vibration, starting, as all creation starts as a thought form, and progressed outwards, the vibration of Energy slowing as it progresses until finally it "freezes", forms subatomic, atomic and molecular building blocks, finally differentiating in to matter, the physical Universe.

Energy can be considered to be "light"--not physically observable light in the form of photons, but the Divine Light of The Source, Energy, also known simply as "Spirit".

The physical Universe is spherical and, therefore, has no beginning or end. It would be entirely erroneous to think in terms of "the end of the Universe". As with travel on Earth, if we were able to travel in a straight line within the physical Universe, we would eventually arrive back at exactly the point at which we started.

So, notions of "traveling to the ends of the Universe" are as erroneous as seeking a specific, physical place in the physical Universe where all creation started with the "big bang".

Due to the holographic nature of the Universe as a whole, the physically observable Universe is only one of a potentially infinite number of "parallel" Universes, both physical and non-physical, all existing concurrently. This is possible due to the fact that everything in the Universe is ultimately pure vibrating Energy, and such concepts as "dimensions" do not really exist except to the limited perception of the human senses, while restricted to the three dimensional physical Universe of matter.

Parallel Universes exist at all levels of the Energy spectrum, not just the lowest aspect where Energy differentiates into physical matter. Science even now is beginning to realize the possibility of these parallel physical and non-physical Universes when such "phenomena" as "black holes" were discovered, with "worm holes" being thought of as portals to these alternative physical Universes.

The entire Universe, including the physical Universe, is maintained in a state of perfect harmony by The First Cause, The Source, God. In the context of the physical Universe, the same balance needs to exist in order to maintain perpetual harmony. Physical Universes are balanced by the opposite characteristics of matter and antimatter which are configurations of Energy at similar levels of vibration and density but with opposite sub-atomic characteristics, for example whereas an atom in this physical Universe contains anti-electrons, or positrons, and anti-protons. Ultimately, as with all aspects of the infinitely perfect Universe, these opposing characteristics conform to the Universal Law of polarity, one of the Laws that ensures perpetual harmony on a Universal.

"Wormholes", are conceptual gateways between the physical Universes of matter and anti-matter. Traveling through a wormhole would result in the arrival within a parallel Universe of anti-matter, and traveling through a further wormhole would result in arriving at a further parallel Universe of matter.

The word "dimension" is also erroneous, only having meaning relative to the concepts of "space" and "time", which we know are illusions perpetuated by the five physical senses. Ultimately, everything in the Universe without exception is pure Energy differing only in rate of vibration, and manifestations of that Energy, Quanta which have quantum potential, influenced by Mind. Ultimately, everything within the Universe from The Source, The First Cause, God to the physical world of matter is an inseparable aspect of everything else.

Governments of the world are currently spending vast amounts of money on exploration of a tiny fraction of the physical Universe at a time when millions of people in the world are suffering from disease, famine, war and other situations. In fact, the destiny of every human being is not to travel within the restrictions of the three-dimensional Universe of matter, but to travel inwards through the glories of the greater Universe on the sacred path back to God. It is the ultimate

destiny of everything in the Universe, without exception, including every human being, to evolve back to The First Cause, The Source, God in a state of perfection--this is the true meaning of life.

True exploration is not about the temporal, observable, physical Universe of matter, but rather about the magnificence, splendors and glories, far beyond the current comprehension of mortal, Earthly human beings, of the Infinite Universe of Energy, Mind and Consciousness. Beyond the restrictions of the physical body, the entire physical Universe can be explored at will, instantly, traveling quite literally at the speed of thought. People who Astral project can and do travel anywhere on Earth in an instant or to the moon, including the far side of the moon, other planets, solar systems and even galaxies. Most importantly, they can travel inwards to the inner Energy levels and vibrations of the Astral worlds. Those who learn the ability of Mental projection, can travel even further inwards towards the great Mental planes of life and reality, even meeting some of the powerful Beings residing there, Beings who watch over the evolution of human beings and life on Earth, as well as Gaia Herself. Beyond the physical constraints of the physical body, a person is a true explorer of the Universe, and it does not cost a penny.

While mankind continues to focus exclusively upon the physical Universe as the only perceived reality, no true progress can be made. Only when mankind understands that the physical Universe is ephemeral, temporal and nothing but an persistent illusion perpetuated only by the five physical senses, will true long-term progress be made towards our true destiny, a destiny that will leave the dense, material Universe, far behind, once it has served its intended purpose of the first year kindergarten of this great Universe of conscious, intelligent, vibrating Energy, of which everything is an aspect.

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