

## **Wheels of Life - Reincarnation**

This week we will commence the first of a 3 part series called "Wheels of Life" which will include these subjects:

1. Reincarnation
2. Karma
3. Law of Attraction

This week: Reincarnation.

Without question reincarnation is one of the most misunderstood aspects of life among the majority of people - or at least those who believe in it in the first place.

Most people who do believe in reincarnation believe that the current personality which represents themselves on Earth now will return to the inner spheres for a time, for example the Astral, before deciding to return again in the "future" as another person.

### **Wheels of Life and The Law of Attraction**

This week we will continue where we left off two weeks ago with our look at how the humble wheel is such an excellent metaphor for life, this week focusing on The Law of Attraction.

From our previous discussions we know that there are three levels of "Mind" at work in delivering our wishes, desires, and of course unwanted things in accordance with our thoughts.

To remind ourselves, these levels of Mind are as follows:

1. The Conscious Mind: This is the aspect of our Mind that interacts with the physical world through the five physical senses - our conscious awareness. The conscious Mind is still, in many people, motivated by the demands of the ego and by driven by a desire to collect material things. The survival instinct is also a powerful aspect of the conscious Mind.

2. The Subconscious Mind: This is the aspect of our Mind that is infinitely powerful. Any thought, positive, negative or neutral that is impressed upon the Subconscious Mind will be brought in to our physical experiential reality sooner or later with immutable certainty. The Subconscious Mind never judges a thought – every thought is always automatically deemed to be the desire of the individual and will be processed accordingly.

3. The Universal Mind: The Universal Mind is the Mind of God in which we live and move and have our being, and Who is at once Infinite and Eternal, Perfect, Omniscient, Omnipotent and Omnipresent and Who has always existed and always will exist. We, as humans, as with all Creation exist as Thought Forms in the infinite Mind of God. Our Subconscious Mind, when presented with a thought from the conscious Mind, will either act directly on our body if the thought is of that nature, or with the Universal Mind of which we are all inseparable aspects.

Moving on to our Wheel we can see how The various levels of Mind fit this metaphor extremely well.

If we examine a wooden cart wheel it fundamentally comprises the following:

1. The Hub: Positioned at the centre of the wheel the Hub represents the Universal Mind, The First Cause, The Source of All that Is.
2. The Spokes: Radiating out from the Hub, each spoke represents an individual human being, a race, a nation, a Galaxy, Star or Planet - indeed anything in creation. As evolution takes place, vibration increases, an consciousness travels up its own unique spoke until finally the vibration is such that it approaches that of The Hub, The Source.
3. The Rim: The Rim may be regarded as the cycles of life – these are the same cycles of Life for example that the Maya observed, charted, and used as a basis for their calendrical systems, astrology and of course predictions.

As a point along each spoke - which we will consider to be a human being in this case - is further and further from the hub, the more the illusion of separation is perpetuated. It is an illusion of course because in reality we all share the same connection at the Hub.

Now, as the Wheel of Life begins to slowly revolve, so we experience, and as the wheel connects with the ground, so we bear the weight of that experience.

But here is the important thing. Because everything in the Universe is connected by the same Ultimate Wheel of Life, of which all other wheels are simply cogs on the Great Universal Mechanism, each experience is shared by every other wheel, and also transmitted back long the spokes to The Source.

The Source therefore receives the benefit of All such experiences as individuated wheels turn, and in so doing The Source Experiences and thereby Expands - and thus the Universe is in a perpetual state of expansion.

As mentioned before, as the wheel turns we observe the cycles of life. These cycles can be infinitesimally small, or they can be so large as to be beyond the comprehension of humans.

Everything takes place in Cycles at an individual level, rising and setting of the Sun, the passage of the seasons and so on. The Mayan Long Count calendar measured such cycles, observing the fact that a great cycle comes to an end on 21 December 2012 - an event the effects of which extend far beyond Earth itself.

The Galaxy in which we live has a centre - The Galactic Centre, around which the wheel revolves, and which exerts a profound influence in accordance with its own Wheel of Life.

So there is nothing mysterious about 2012 - it is a wheel that has been turning since the Galaxy was thought into existence by the Universal Mind, and will continue until one day the Galaxy continues its own journey back to The Source.

2012 therefore is not a "prophecy" it is a "prediction" based upon the Galactic Wheel of Life.

But we should never fear any Wheel of Life. The Universal Mind knows only Unconditional Love, and would never "harm" anything in Creation. However - humans can harm themselves, and that is why each and every person must understand these things, and look forward to whatever is to come with great joy and expectation, knowing that it is ultimately for the greater good at all levels.

After we "pass on" to non-physical reality most people transition to the Energy level of the Astral worlds that is in precise harmony with the vibration of the Astral body - the Soul.

The vibration of the Astral body is dependant on many factors including state of Spiritual evolution, which is what we are striving for here on Earth, views about what reality really is, and powerful beliefs held on Earth such as religion.

For example - the "average" person might first transition to the mid-Astral worlds which look very similar to Earth. However, harmony always exists because as everyone is on the same level of vibration, everyone has a similar personality, view on "life", attitudes etc., and there is no money, factories or offices or any form of "work" to consider.

Although peace and harmony rules, it is due to that very fact that progression from the Astral is much more difficult due to the lack of challenges to overcome

and situations to deal with, and where a person can have anything at any time because at that level of Energy vibration experiential manifestation of thoughts is instant

- The Law of Attraction is very obvious there.

So if we wish to truly evolve, and to not get caught up in the trappings of the Astral world, Earth is the place to do it - or of course any physical planet where the appropriate environment exists.

This is one reason why I wrote my book, Our Ultimate Reality, to show you precisely what you need to do here on Earth and what you will face later.

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

So what about reincarnation?

To answer this question we need to look at who we really are.

Our true Self is actually our "Higher Self", Who is the total of all our experiences on Earth and in the Astral and then Mental worlds before arriving back with that particular "package" of experience.

Each "package of experience" enhances the Higher Self and therefore the entire Being that comprises the Higher Self.

It is the objective of the Higher Self to collect as much experience as necessary to move on from the cycle of sending "representatives" to Earth to collect experience, to much greater things, the likes of which are beyond the comprehension of most - everyone will, without exception, achieve these exalted states.

It is worth pointing out at this stage that the Higher Self is a perfect reflection of the Universe - everything that occurs does so in the direction of experience, expansion and thereby perfection - this applies to every level of life from The Source all the way to individual expressions on Earth.

As we evolve, groups of Higher Selves get together to form Entities that empathetically cooperate to help evolution lower down the ladder, and so it is until eventually all Beings are just one single entity - The Source, The First Cause - God, the Logos.

Now the process of reincarnation can be related to a wheel – the wheel, along with the seed and fertile fields makes an excellent analogy for explaining sometimes difficult, conceptually, subjects to understand.

If we look at a wooden cart wheel, we see it has a hub at the centre, spokes radiating from the hub, eventually joining the outer rim of the wheel.

In this context the wheel represents the following:

Hub - the Higher Self  
Spokes - time lines relative to Earth

Rim - the physical Universe

The hub, the Higher Self is the total of all physical lives and "future" lives relative to Earth. It can be likened to the facets of a glittering rough diamond which becomes a perfect diamond once all of the facets have been polished - each physical life adds a bit more polish to the diamond as a whole.

Each spoke represents an individual experience which takes place by first starting at the rim, for example Earth, and then progresses back up each spoke eventually returning to the hub.

Now - before sending another personality down a spoke to arrive on Earth for another life, the Higher Self first needs to understand exactly what "package" of experience is required for a certain aspect of evolution and therefore perfection.

The Higher Self will then send a suitable personality down that spoke.

As you will remember, the rim is the planet Earth and the rim is also circular - this means that the Higher Self can send a personality down any spoke and arrive at any time-line in the history of Earth or any other planet in the physical Universe.

The Higher Self also chooses which country, location and parents would best present the opportunities and experiences required for this particular "incarnation". So the Higher Self could for example send a personality as a female in one incarnation, who will be born to a family of bakers living in London, England in the year 1862.

Another personality of the Higher Self might be a male born to a doctor and his wife living in India in 1999.

Another personality might be a son born to a Saxon noble family of land owners in early medieval times and so on.

It is important to understand that these personalities are not sent by the Higher Self sequentially, i.e. one at a time. All incarnations of a human being take place concurrently, i.e. simultaneously relative to the Higher Self - we only experience the illusion called "time" while here on Earth.

It is therefore possible for hundreds or even thousands of yourself to be living in the Astral all at the same time, although you might not know it. This is why the Astral is populated with countless trillions of people and beings from other planets living in the infinite Astral planes all at the same time.

The Astral planes are only transient however - they have been created by the Minds of Beings such as humans after what they experienced on Earth, believing it to be "reality".

The reality is that the Astral will dissipate once this phase of evolution of the Universe is complete, an eternal process, just as all illusions dissipate sooner or later.

The Astral worlds are not "home" or "heaven", they are simply a necessary step for most people at this time on their way back to their own Higher Self with the package of information gained on Earth, then the Astral and then Mental realms of life and reality.

The spoke of each life passes through the Astral and Mental planes before reuniting with the hub of the Higher Self.

I hope that has provided some useful insight into this most important process.

The highest and most noble condition to aspire to and achieve on Earth is self-realisation, at which the cycle of reincarnation is broken forever.

Unfortunately mankind has travelled a path for the last few thousand years at least that goes against achieving these objectives as materialism, self interest, service to self before service to others, fuelled by an uncontrolled ego, creed, dogma and indoctrination have ruled.

Time is running out as we approach the end of this great age, and everyone must make every effort to make maximum use of the time that remains - this is what Our Ultimate Reality is all about.

### **Wheels of Life, Part 3, Karma**

This week we will conclude our three part series on The wheels of life by looking at Karma.

First of all we must define what Karma actually is, or rather is not. Karma is not a punishment and reward system per se, in as much that if we do or think something wrong, we do not experience any form of Divine retribution.

Karma is really an aspect of the Universal Law of Cause and Effect, or more specifically the Law of Attraction.

With The law of Attraction we attract to ourselves whatever we think about. In the case of The Law of Attraction this is usually applied in the context of wishes, needs and desires. The Universe however does not differentiate between "good" thoughts and "bad" thoughts, simply delivering experiences that are in exact harmony with our thought forms.

In the case of doing something "bad", this "bad" act must always first be preceded by a corresponding thought, because actions and experiences thoughts are always preceded by the corresponding thought.

So a thought that is intended to harm someone for example, whether that thought is brought into physical experience or not, will always have a corresponding effect which manifests as attracting to the person who thought the "bad" thought" a corresponding effect which will be experienced at some time.

Again it is important to stress that thoughts are karmic as well as actions, so any "bad" thought will result in a corresponding effect, every time, so we must always only think positive, expansive, joyous thoughts at all times.

If you believe someone has wronged you for any reason, then immediately forgive them and send them love and peace.

In the context of the wheel of life, karma can occur at any "time" relative to Earth "time". This is due to the fact that thoughts form beyond time and space, and therefore so do the corresponding effects.

Karma literally means "action"; it is important to note however that an "action" need not only be physical, but can equally be a thought; a bad thought will cause a corresponding bad effect at the Mental level, and a good thought will cause a corresponding good thought at the Mental level. This is also in accordance with the laws of Vibration and Mentalism whereby a thought is a cause in the form of vibration, in other words of Energy, yielding its corresponding effect on the level of Energy and vibration of the Mental plane.

Individual karma can be accumulated over many lifetimes relative to the Higher-Self, so when a "bad" thing happens it will not be by mere "chance" or due to

"bad luck", notions which are impossible in the Universe in accordance with the law of Cause and Effect, but rather as a result of some previous equally "bad" cause, a cause which might even have originated many lifetimes ago.

According to this philosophy, the karmic "entity" is the Higher Self, and the Higher Self is therefore deemed to be ultimately responsible for all the thoughts and actions of the many aspects of itself that visit earth in the form of "physical lives".

In Hindu philosophy there are three levels of karma. The first level of karma is called "Sanchita karma". Sanchita karma is caused by a past situation still awaiting its corresponding effect or reaction. This is in effect then "latent" karma.

The next level of karma is the level of past causes including those from past lives, the effects of which are still manifesting in the current, temporal lifetime. This type of karma, called "Prarabdha Karma", is a manifestation of karma shaping the current lives of people.

The third level of karma is known as "Future karma". Future karma is where the causes are being created in the current temporal lifetime, but which will manifest in the future, either later in the current lifetime or otherwise in a future lifetime as its corresponding effect.

Another aspect of karma needing to be considered is that a sequence of "effects" do not necessarily occur in exactly the same order as the corresponding sequence of the causes that gave rise to them. This is largely due to the possible differences in the magnitude of the original cause, and therefore the first opportunity to become a corresponding effect. A large karmic event, a cause, might not be able to equilibrate itself as a corresponding effect until much later in a lifetime, or indeed very often not until a future lifetime. On the other hand, a small karmic event, a thought for example, might well yield a corresponding effect within seconds, minutes or hours of the original cause.

There are no hard and fast guidelines to this, the only certainty being the law of karma will inexorably exert itself throughout and beyond space and time; everyone should know that no person whatsoever is beyond this law.

In terms of the "wheel", we can see therefore that at the centre of our wheel is our Higher Self, from which all individual lives originate. Each spoke of the wheel represents an individual life with the rim representing the physical Universe.

As individual lives collect karma due to "bad" thoughts or actions, the karmic consequences are the responsibility of our Higher Self to balance, our Higher Self being who we truly "are".

So relative to the Higher Self at the centre of our "wheel", karma can be equilibrated by any fact of the Higher self, i.e. physical life", and therefore at any time-line relative to Earth.

So if you experience something "bad" it is always, without exception due to a previous "bad" thought resulting in a "bad"thought form that could have originated in a previous life, current life or even a future life relative to Earth.

That said, very often karma is experienced during the current life as part of the learning process, the reason we are here in the first place.

In order to progress karma needs to be equilibrated, and this is why during an advanced incarnation, e.g. a final or near final incarnation, many "bad" things seem to happen in order to try us, and because we are strong and wise enough to handle and process the karmic lesson.

Everyone should therefore always be consciously aware of karma and live accordingly, always ensuring no "bad" actions or thoughts are allowed to occur.

At the same time, when "bad" things do happen they should always be accepted gracefully and embraced as a challenge to be overcome in the knowledge that in so overcoming the challenge, true progress can be made.

Our ultimate objective is to control our thoughts completely, not only to create the precise reality we wish to experience, but also to only send out positive, expansive thoughts into the Universe, regardless of the circumstances, in order that equally positive and expansive thoughts and therefore experiences are received in return.

Create your reality here – [www.silentsubliminal.org](http://www.silentsubliminal.org)